

REMEMBRANCE DAY FUN RUN, WALK & JOG

**SUNDAY
3RD
NOV
2019**

*5km
10km*
RUN OR WALK

Proudly sponsored by

Kedron-Wavell
SERVICES CLUB

Charity Partner

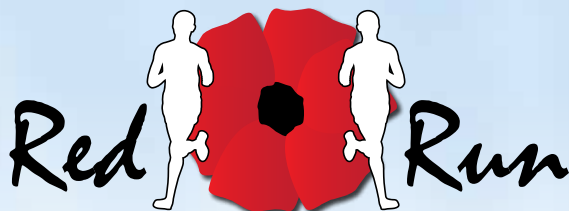


Supported by



CONGRATULATIONS FOR
TAKING PART IN THE
2019 RED RUN AND WALK
FOR GALLIPOLI MEDICAL
RESEARCH FOUNDATION!
RUN OR WALK TO HONOUR
THE BRAVE MEN AND WOMEN
WHO SERVED OUR COUNTRY.

REGISTER AT REDRUN.COM.AU



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SERVICES CLUB

PROUDLY
SUPPORTING



RUN OR WALK TO CHANGE LIVES THROUGH INNOVATIVE MEDICAL RESEARCH.

RUN OR WALK TO REMEMBER...

Honour the legacy of our diggers this Remembrance Day by taking part in the 2019 Red Run on Sunday 3rd of November 2019.

Our veterans were there for us in our time of need. Now it's our turn. Sign up for the Red Run now and raise funds for research into veteran health, liver Cancer and liver Disease.

One in four Australia's has, or will develop, fatty liver disease, which can progress to liver cancer if left untreated. It is a health crisis that affects all Australians - with liver cancer now the fastest increasing cause of cancer mortality in the country.

Your support could make all the difference. Join in the run and start raising money for research. Each participant is asked to raise some money towards this great charity.

RACE BIB

No timing – Experienced runners to use your personal timing devices . Race Clock will be in place .

DO NOT LOSE OR FORGET YOUR EVENT BIB!
Your bib is a one-off and cannot be replaced. Your event bib has your collection official gift tag already attached to it. If you have not elected to have your race bib posted, please note that collection of race bibs are available only from 0630-0715 on the day of the event.

START/FINISH LOCATION

The RED RUN and Walk 2019 will start at Kedron-Wavell Services Club, 21 Kittyhawk Drive, Chermside, QLD, on Sunday 03 November 2019.

START TIMES

7.15am Welcome ceremony
7.25am 10km run event starts
7.30am 5.0km run event starts
7.35am 5 & 10km walk event starts

To ensure a great event experience for both runners and walkers, we ask that those planning to walk assemble at the rear of the pre-race starting huddle, allowing those planning to run to line up at the front of the starting huddle.

MERCHANIDSE

Will be available on the day to purchase from both Gallipoli Medical Research Foundation and the Kedron-Wavell RSL.

FREE PARKING

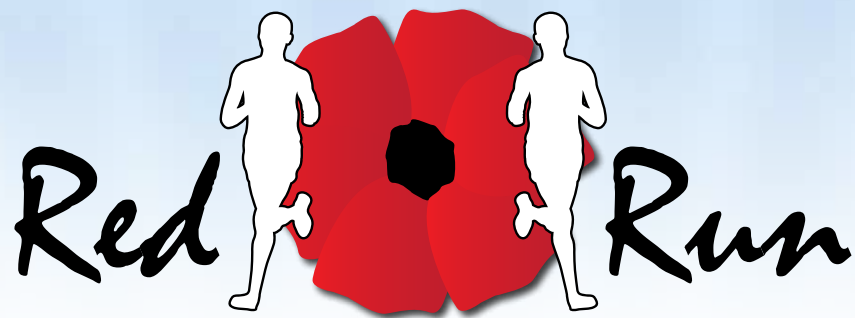
Parking is available on-site, please keep an eye out for parking signs and directions.

OTHER IMPORTANT RACE DAY INFORMATION

To ensure the safety of all RED RUN participants; bikes, scooters, roller blades, skates or skateboards are not permitted on the course. Dogs and other animals are also strictly not permitted on the course. Prams are allowed.

There will be drink stations positioned approximately every 2km's along the course. We encourage those who are walking the course to carry a drink bottle with them in order to stay hydrated.

For all your race day information, please refer to www.redrun.com.au.



REMEMBRANCE DAY FUN RUN, WALK & JOG

COURSE MAP



**THANK YOU FOR SUPPORTING THIS GREAT EVENT AND WE LOOK FORWARD
TO SEEING YOU ON SUNDAY THE 3RD OF NOVEMBER 2019.**

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GALLIPOLI
MEDICAL RESEARCH FOUNDATION
Remembrance through research

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